



THE CHANLER

AT CLIFF WALK



wellness
guide





We're delighted to provide a variety of wellness experiences during your getaway, aimed at leaving you feeling rejuvenated and refreshed in mind, body, and soul.

Contact us at 401-847-1300 or email reservations@thechanler.com to arrange your revitalizing treatments.

we look forward to welcoming you soon,
guest services team

BATH AMENITIES

Established in Barcelona in 1979, Natura Bissé is a prestigious Spanish skincare brand committed to crafting top-tier skincare solutions with innovative techniques and premium ingredients. Notably, it holds the distinction of being the exclusive "Official Skincare Brand" recognized by Forbes Travel Guide.

THE RHODE TO AGELESS BEAUTY

When considering prospective partners for our in-room bath amenities, we admired Natura Bissé's focus on wellness and social responsibility.

Their partnership with cancer foundations and development of specialized formulas for patients underscore their dedication to corporate responsibility and family values. Their pledge to make radiant skin achievable at all life stages is both commendable and resonates seamlessly with our family-centric values.

Replenished in room daily.



TOYKOBike

Tokyobike was born in a quiet neighborhood of Tokyo designed to explore the places we love and call home a tool to make small changes to everyday life.

THE RHODE TO TRANQUILITY

Leisurely pedal through the charming streets of Newport on a sunny afternoon while savoring the fragrance of blooming hydrangeas by the ocean. In the simple act of cycling, we not only embrace wellness but also become stewards of a more vibrant and sustainable community, ensuring that the beauty of Newport endures for years to come.

AVAILABLE COMPLIMENTARY
MAY - OCTOBER
FIRST COME, FIRST SERVE

Please inquire about availability upon your arrival with a member of our guest services team.



FITNESS

The International Tennis Hall of Fame, situated at the historic Newport Casino, where American tournament tennis began in 1881, typically restricts access to club members. However, guests of The Chanler have the exclusive opportunity to enjoy its fitness club facilities.

THE RHODE TO LONG TERM HEALTH

We believe that fitness should be easily accessible throughout your travels. As part of our partnership with the International Tennis Hall of Fame, guests can enjoy cutting-edge cardio and weight machines, free weights, a dedicated stretching area, and updated locker rooms equipped with shower facilities.

AVAILABLE COMPLIMENTARY
FOR THE DURATION OF YOUR STAY

Fitness passes may be obtained through guest services upon arrival.
*A waiver must be filled out prior to arriving at fitness center.



IV DRIP THERAPY

The DRIPBaR is dedicated to assisting individuals in expanding their healthcare beyond conventional methods like diet and exercise, aiming to enhance physical, mental, and cellular wellness.

THE RHODE TO CELLULAR REJUVENATION

Each specialized IV drip is formulated by experienced physicians, comprises a balanced combination of hydrating fluids, electrolytes, and a multivitamin base to help you feel optimized and at your best. Our partner RNs at The DRIPBaR Newport exclusively mix and administer IV drip formulations to ensure a safe and effective experience for your well-being.

AVAILABLE
WEDNESDAY - MONDAY
10:00 am - 5:00 pm

Reservations are required 24 hours in advance of requested treatment.



iv drip therapy

in room treatment menu

MYER'S COCKTAIL

Helps to alleviate chronic symptoms like inflammation, low calcium levels, fatigue, anxiety and stress.

B12
VITAMIN C
B-COMPLEX
MAGNESIUM

30 minutes
500ml normal saline

IMMUNE SUPPORT

Keep your immune system protected from infections and illness, especially great for winter and fall.

B12
ZINC
VITAMIN C
B COMPLEX

30 minutes
500ml normal saline

GAME CHANGER

Keeps you hydrated and provides essential nutrients to restore balance to your health.

B12
VITAMIN C
B COMPLEX
AMINO BLEND

30 minutes
500ml normal saline

THE EQUILIBRIUM

Boost energy levels while alleviating stress and anxiety. Recommended for pre and post travel.

B12
B COMPLEX
MAGNESIUM
TORADOL

60 minutes
1000ml normal saline

THE REVIVER

Combat daily stress, decrease fatigue, rid yourself of nausea, alleviate unwarranted anxiety, and irritability.

B COMPLEX
MAGNESIUM
ZOFRAN
TORADOL

60 minutes
1000ml normal saline

100% HYDRATION

Instant hydration with no added vitamins. Great for after a Cliff Walk jog or hot summer day.

LACTADED RINGERS

60 minutes
1000ml normal saline

\$325 per person, in room treatment is inclusive of tax and service charge



iv drip therapy offered at the DRIPBaR location

THE JETSETTER

Whether you're traveling for business or leisure, your plans shouldn't invite illness. Ideal for a preflight regimen.

B12
ZINC
VITAMIN C
B-COMPLEX
GLUTATHIONE
FOLIC ACID

30 minutes
500ml normal saline

SKIN FIRMING

Enhance your skin's health and vitality, promoting a smooth, radiant complexion as part of your beauty regimen. Ideal for prepping for special occasions, it helps maintain youthful and lustrous skin.

ZINC
VITAMIN C
BIOTIN
B COMPLEX
GLUTATHIONE

30 minutes
500ml normal saline

THE RESTORATION

Eliminate toxins, supply essential micronutrients, antioxidants, and fluids to boost rapid rehydration and promote swift recovery.

B12
VITAMIN C
MAGNESIUM
B COMPLEX
GLUTATHIONE

60 minutes
1000ml normal saline

THE VITALITY

Enhance cardiovascular function, promote hormone secretion, and boost libido by increasing blood circulation. Ideal for a romantic getaway, it sets the perfect mood for intimacy.

AMINO ACIDS
TAURINE
MAGNESIUM CHLORIDE
METHYLCOBALAMIN

30 minutes
500ml normal saline

THE POWERPACK

A bundle of energy in a bag, packed with antioxidants that neutralize free radicals and enhance mitochondrial function.

B12
VITAMIN C
AMINO ACIDS
MAGNESIUM
BIOTIN
FOLIC ACID
B COMPLEX
DEXPANTHENOL

30 minutes
500ml normal saline

TIME MACHINE

Flush out heavy metals and toxins while enriching your body with vitamins and nutraceuticals that promote the health of your arteries, skin, organs, and brain.

B12
VITAMIN C
L-ARGININE
MAGNESIUM
BIOTIN
FOLIC ACID
B COMPLEX
GLUTATHIONE

30 minutes
500ml normal saline

\$250 per person, inclusive of tax and service charge



AROMATHERAPY BATH

Aromatherapy Associates uses only the highest concentrations of natural ingredients to ensure their formulations are the gold standard of essential oil blends, and a truly exceptional sensorial experience.

THE RHODE TO RELAXATION

Found at some of the world's most luxurious spas, Aromatherapy Associates therapeutic essential oils transform your well-being, and leave you feeling rejuvenated. Allow us to draw you a bath with the oil of your choice for a relaxing in-room experience.

AVAILABLE DAILY
WEEKDAYS 9:00 AM - 8:00 PM
WEEKENDS 9:00 AM - 9:00 PM

Aromatherapy bath may be reserved in advance or while on property.
*Flower petals are an additional charge.



aromatherapy *bath menu*

RELAX LIGHT

Unwind after a busy day and encourage a peaceful night's rest.

LAVENDER
YLANG YLANG
PETITGRAIN

RELAX DEEP

Guaranteed to help you achieve the deep, rejuvenating sleep you need.

VERTIVERT
CHAMOMILE
SANDALWOOD

REVIVE MORNING

Energize, invigorate and awaken with this powerful blend.

PINK GRAPEFRUIT
ROSEMARY
JUNIPER BERRY

DE-STRESS MUSCLE

De-stress your body after a lot of physical activity.

ROSEMARY
GINGER
BLACK PEPPER
LAVENDER

SUPPORT EQUILIBRIUM

A wonderfully comforting fragrance that will uplift your spirits.

GERANIUM
ROSE
FRANKINCENSE

SUPPORT LAVENDER & PEPPERMINT

This silky smooth formula soothes and cools tired muscles.

LAVENDER
PEPPERMINT

SUPPORT BREATHE

Designed to regroup and strengthen your senses.

EUCALYPTUS
PINE
TEA TREE

\$45 + service charge & tax
enhance with a bottle of sparkling wine \$44



MASSAGE THERAPY

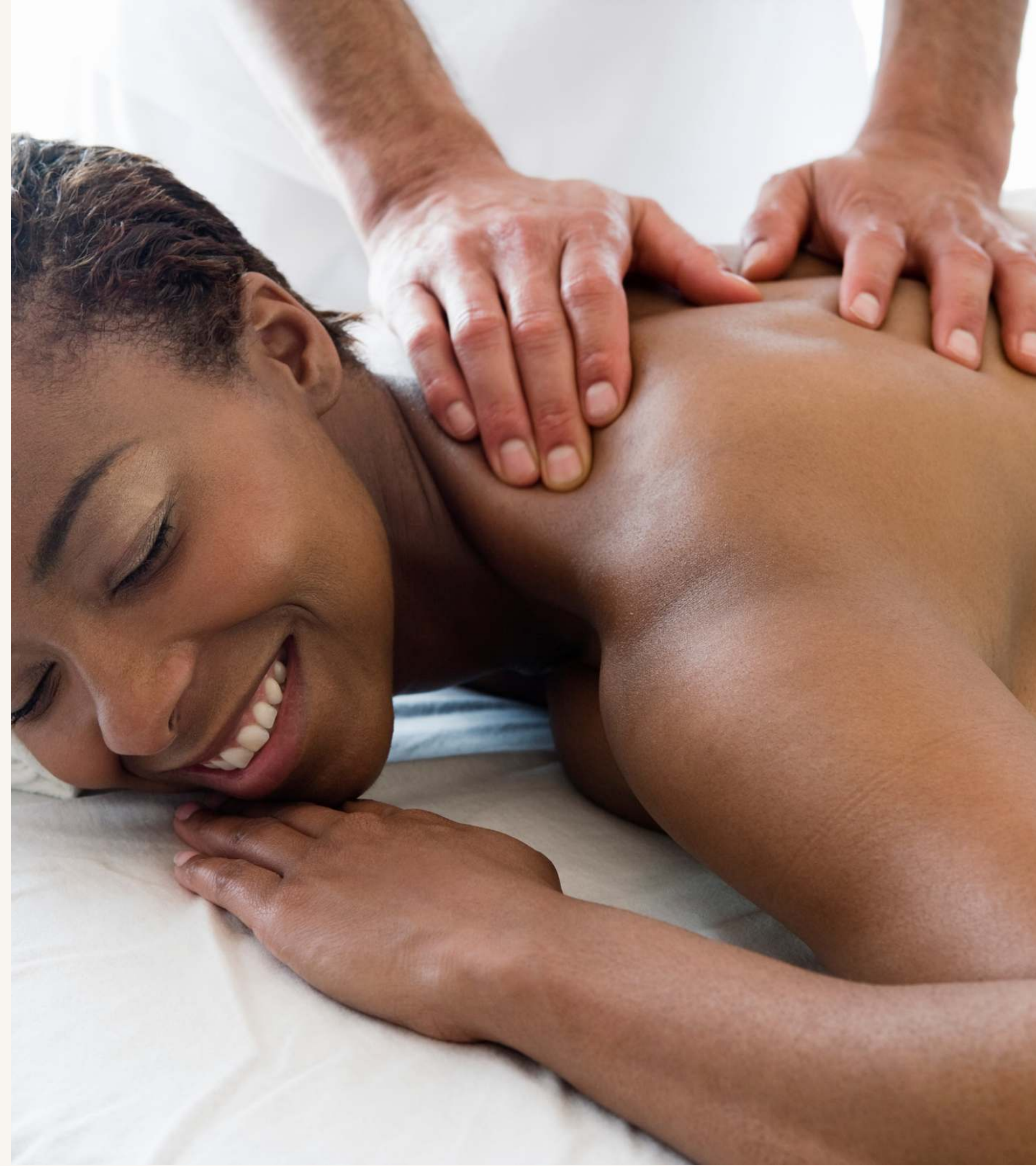
Experience personalized healing sessions in the comfort of your room through our collaboration with Salt Micro Spa, offering rejuvenating massages tailored to your needs.

THE RHODE TO STRESS REDUCTION

Massage therapy offers a wealth of benefits, including stress reduction, improved circulation, and muscle soreness relief. It enhances flexibility, boosts the immune system, and fosters a sense of well-being. This form of therapy is not merely a luxury but an essential component of a holistic approach to health and wellness.

AVAILABLE DAILY

24 hour advanced reservations required.



massage therapy *in room treatment*

MOTHER TO BE

Relieves aching muscles and pressure, easing tension and promoting a sense of calm during a special time.

60 MINUTES | \$205 |

90 MINUTES | \$275 |

*not available during certain trimesters

SIGNATURE

Utilizes oil and gentle, flowing strokes to induce deep relaxation and alleviate muscle tension.

60 MINUTES | \$205 |

90 MINUTES | \$275 |

DEEP MUSCLE EASE

Applies a combination of firm pressure and smooth movements to target specific areas of muscle tension, promoting overall well-being.

60 MINUTES | \$215 |

90 MINUTES | \$285 |

COUPLES RETREAT

Customized to meet each individual's needs, providing a harmonious and peaceful experience for both partners.

60 MINUTES | \$410 |

90 MINUTES | \$550 |

*not available in all rooms

inclusive of tax, gratuity not included



on property wellness *information*

Appointment Time

To ensure each guest receives their full treatment, we kindly ask that you be prepared to receive the treatment at the scheduled time. In case of delays, the best possible treatment will be provided within the remaining appointment time, full treatment costs will apply.

Availability

IV Drip Therapy is available from 10:00 am - 5:00 pm. Not available on Tuesdays.

Location of Service

Wellness treatments are conveniently offered in your hotel room or at the downtown DRIPBaR location. However, due to space constraints, couples massages are only available in specific rooms.

Health Conditions

Upon check in you will be asked to sign a waiver and release form for services, your wellness provider may also have you fill out a medical history and consent form. Please inform your provider of any health conditions or concerns. Cannot be pregnant, breastfeeding or under the influence.

Age Limitations

IV Drip Therapy is available only to individuals aged 18 and older.



on property wellness *reservation policy*

Payment

Wellness services can be added to your room account for convenience.

Reservations

To make reservations please contact a guest services representative at 401-847-1300 or by email at reservations@thechanler.com. IV Drip Therapy and In Room Massages must be scheduled 24 hours in advance of the appointment request. When reserving your treatment, please let the guest services representative know if you have a preference on the gender of your massage therapist.

Cancellations

Cancellations must be made at least 72 hours prior to the scheduled service time. Cancellations made within 72 hours will incur a 50% charge of the treatment cost, while cancellations within 48 hours will result in a 100% charge. Group reservations of four or more in your party necessitate a cancellation notice of one week in advance.



welcome to newport
The Chanler at Cliff Walk

