



THE CHANLER

AT CLIFF WALK



wellness
guide





We're delighted to provide a variety of wellness experiences during your getaway, aimed at leaving you feeling rejuvenated and refreshed in mind, body, and soul.

Contact us at 401-847-1300 or email reservations@thechanler.com to arrange your revitalizing treatments.

we look forward to welcoming you soon,
guest services team

BATH AMENITIES

Established in Barcelona in 1979, Natura Bissé is a prestigious Spanish skincare brand committed to crafting top-tier skincare solutions with innovative techniques and premium ingredients. Notably, it holds the distinction of being the exclusive "Official Skincare Brand" recognized by Forbes Travel Guide.

THE RHODE TO AGELESS BEAUTY

When considering prospective partners for our in-room bath amenities, we admired Natura Bissé's focus on wellness and social responsibility.

Their partnership with cancer foundations and development of specialized formulas for patients underscore their dedication to corporate responsibility and family values. Their pledge to make radiant skin achievable at all life stages is both commendable and resonates seamlessly with our family-centric values.

Replenished in room daily.



ISLAND BIKES

Guests of The Chanler can enjoy complimentary bicycle rentals, offering a peaceful way to explore Newport's scenic beauty at their own pace.

Choose between our classic Tokyobikes for a traditional ride or our premier Bluejay electric bikes, which make even the steepest hills feel effortless. Glide along picturesque paths, breathe in the fresh ocean air, and stop at charming local spots along the way.

THE RHODE TO TRANQUILITY

Leisurely pedal through the charming streets of Newport on a sunny afternoon while savoring the fragrance of blooming hydrangeas by the ocean. In the simple act of cycling, we not only embrace wellness but also become stewards of a more vibrant and sustainable community, ensuring that the beauty of Newport endures for years to come.

AVAILABLE COMPLIMENTARY
DAILY FROM 9:00 AM - DUSK
MEMORIAL DAY - COLUMBUS DAY

Bike rentals are first come, first serve. Please inquire about availability upon your arrival with a member of our guest services team.



FITNESS

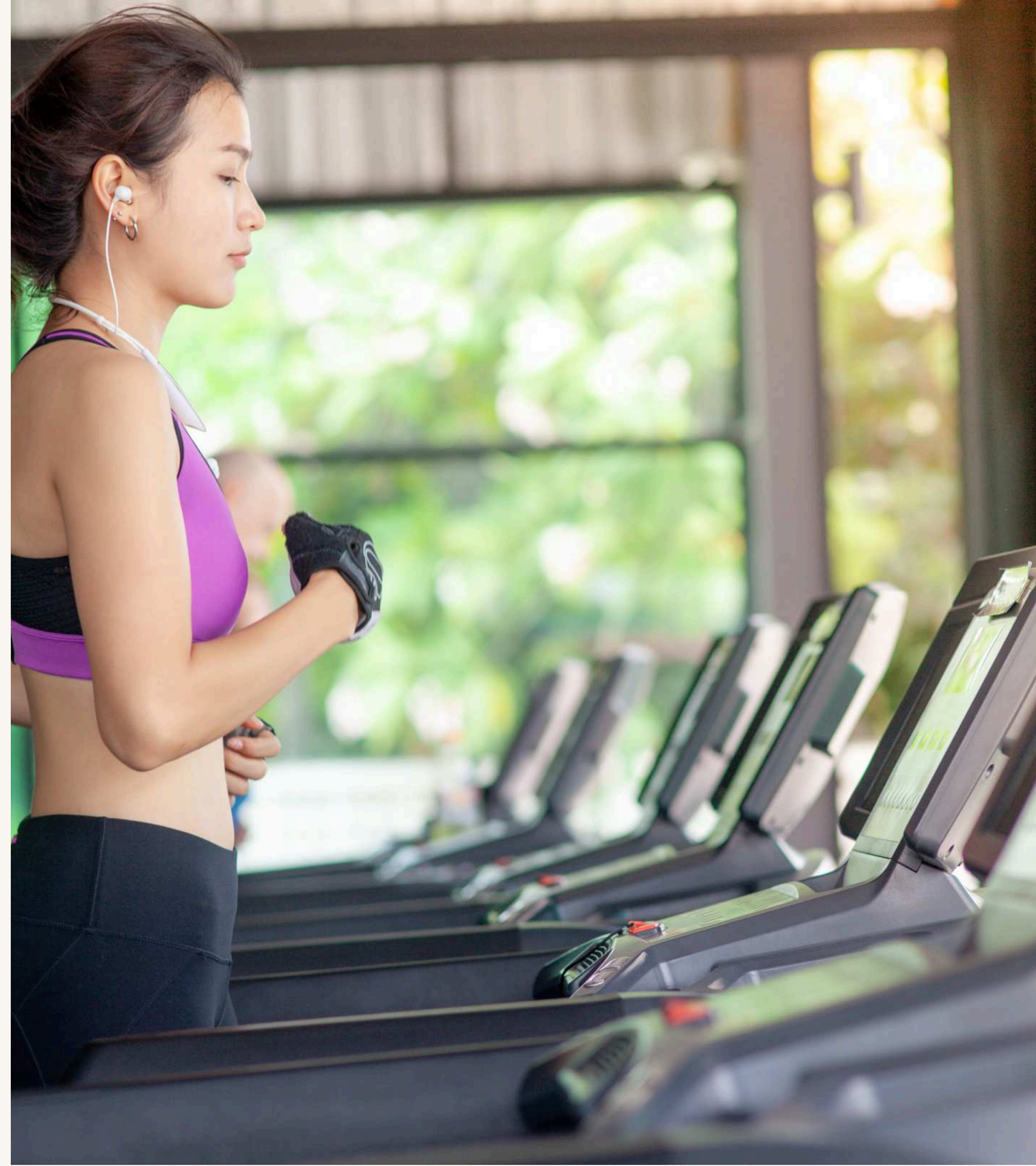
The International Tennis Hall of Fame, situated at the historic Newport Casino, where American tournament tennis began in 1881, typically restricts access to club members. However, guests of The Chanler have the exclusive opportunity to enjoy its fitness club facilities.

THE RHODE TO LONG TERM HEALTH

We believe that fitness should be easily accessible throughout your travels. As part of our partnership with the International Tennis Hall of Fame, guests can enjoy cutting-edge cardio and weight machines, free weights, a dedicated stretching area, and updated locker rooms equipped with shower facilities.

AVAILABLE COMPLIMENTARY
FOR THE DURATION OF YOUR STAY

Fitness passes may be obtained through guest services upon arrival.
*A waiver must be filled out prior to arriving at fitness center.



AROMATHERAPY BATH

Aromatherapy Associates uses only the highest concentrations of natural ingredients to ensure their formulations are the gold standard of essential oil blends, and a truly exceptional sensorial experience.

THE RHODE TO RELAXATION

Found at some of the world's most luxurious spas, Aromatherapy Associates therapeutic essential oils transform your well-being, and leave you feeling rejuvenated. Allow us to draw you a bath with the oil of your choice for a relaxing in-room experience.

AVAILABLE DAILY
WEEKDAYS 9:00 AM - 8:00 PM
WEEKENDS 9:00 AM - 9:00 PM

Aromatherapy bath may be reserved in advance or while on property.
*Flower petals are an additional charge.



aromatherapy *bath menu*

RELAX LIGHT

Unwind after a busy day and encourage a peaceful night's rest.

LAVENDER
YLANG YLANG
PETITGRAIN

RELAX DEEP

Guaranteed to help you achieve the deep, rejuvenating sleep you need.

VERTIVERT
CHAMOMILE
SANDALWOOD

REVIVE MORNING

Energize, invigorate and awaken with this powerful blend.

PINK GRAPEFRUIT
ROSEMARY
JUNIPER BERRY

DE-STRESS MUSCLE

De-stress your body after a lot of physical activity.

ROSEMARY
GINGER
BLACK PEPPER
LAVENDER

SUPPORT EQUILIBRIUM

A wonderfully comforting fragrance that will uplift your spirits.

GERANIUM
ROSE
FRANKINCENSE

SUPPORT LAVENDER & PEPPERMINT

This silky smooth formula soothes and cools tired muscles.

LAVENDER
PEPPERMINT

SUPPORT BREATHE

Designed to regroup and strengthen your senses.

EUCALYPTUS
PINE
TEA TREE

\$55 + service charge & tax
enhance with a bottle of sparkling wine \$55



MASSAGE THERAPY

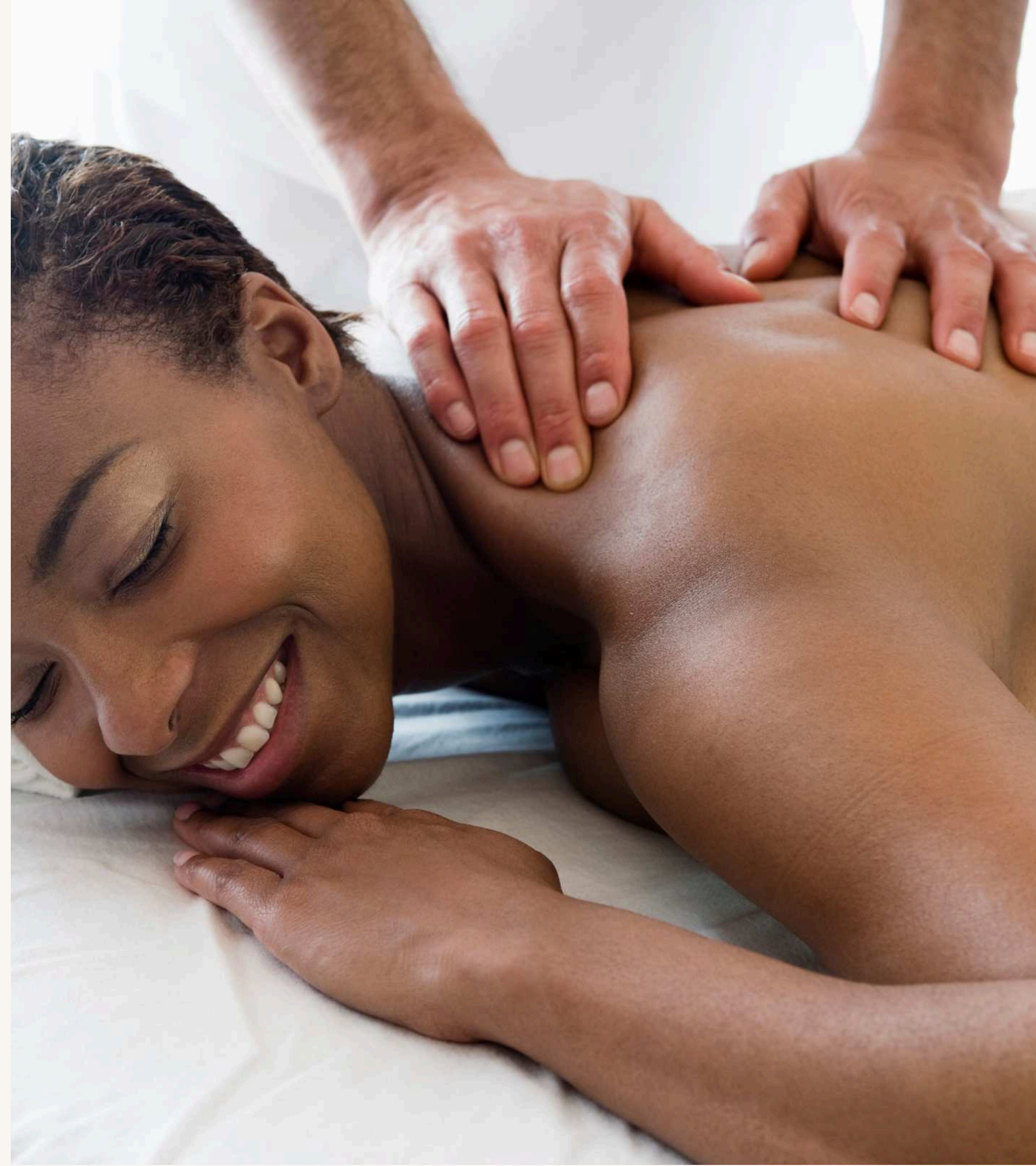
Delivered in the privacy of your guest room, each treatment is adapted through pressure, rhythm, and touch, allowing the experience to remain personal, grounded, and quietly effective.

THE RHODE TO STRESS REDUCTION

A private restorative bodywork experience, offered in-room. Massage therapy at The Chanler focuses on thoughtful, restorative bodywork designed to release physical tension, support circulation, and encourage ease through the body. Sessions unfold at an unhurried pace, guided by skilled hands and intentional technique.

AVAILABLE DAILY

24 hour advanced reservations required.



massage therapy

in room treatment

STONE RITUAL

Smooth, warmed sea stones are placed and guided through the body using a slow, deliberate technique. Heat works into the muscles to release tension and support circulation. The treatment concludes with a focused scalp ritual using aromatic oils.

Deep tissue techniques available upon request.

75 MINUTES | \$270 |
105 MINUTES | \$325 |

BODYWORK

A full-body massage using long, flowing strokes to ease muscular tension and support circulation. Rhythm and pressure are adjusted throughout, allowing the body to gradually settle. Finished with a scalp ritual using essential oils. Deep tissue techniques available upon request.

75 MINUTES | \$245 |
105 MINUTES | \$300 |

GROUNDED BODYWORK

A full-body massage combining sustained Swedish strokes with moments of firmer pressure. Dedicated hand and foot work, including exfoliation, hydration, and reflexology, supports grounding and release through the extremities.

Designed for guests seeking deeper work without full deep tissue.

105 MINUTES | \$320 |

PAIRED RITUAL

A shared restorative experience delivered side by side. Two practitioners work in measured flow, layering bodywork with focused hand, foot, scalp, and facial massage. Each guest may choose either Swedish or Deep Tissue work for the back body.

A quiet, intentional experience designed for shared ease.

60 MINUTES | \$525 |
90 MINUTES | \$635 |

*not available in all rooms



on property wellness *information*

Appointment Time

To ensure each guest receives their full treatment, we kindly ask that you be prepared to receive the treatment at the scheduled time. In case of delays, the best possible treatment will be provided within the remaining appointment time, full treatment costs will apply.

Location of Service

Due to space constraints, couples massages are only available in specific rooms.

Health Conditions

Upon check in you will be asked to sign a waiver and release form for services, your wellness provider may also have you fill out a medical history and consent form. Please inform your provider of any health conditions or concerns. Cannot be pregnant, breastfeeding or under the influence.



on property wellness *reservation policy*

Payment

Wellness services can be added to your room account for convenience.

Reservations

To make reservations please contact a guest services representative at 401-847-1300 or by email at reservations@thechanler.com. In Room Massages must be scheduled 24 hours in advance of the appointment request. When reserving your treatment, please let the guest services representative know if you have a preference on the gender of your massage therapist.

Cancellations

Cancellations must be made at least 72 hours prior to the scheduled service time. Cancellations made within 72 hours will incur a 50% charge of the treatment cost, while cancellations within 48 hours will result in a 100% charge. Group reservations of four or more in your party necessitate a cancellation notice of one week in advance.



welcome to newport
The Chanler at Cliff Walk

