

MASSAGE THERAPY

Delivered in the privacy of your guest room, each treatment is adapted through pressure, rhythm, and touch, allowing the experience to remain personal, grounded, and quietly effective.

THE RHODE TO STRESS REDUCTION

A private restorative bodywork experience, offered in-room. Massage therapy at The Chanler focuses on thoughtful, restorative bodywork designed to release physical tension, support circulation, and encourage ease through the body. Sessions unfold at an unhurried pace, guided by skilled hands and intentional technique.

AVAILABLE DAILY

24 hour advanced reservations required.



massage therapy *in room treatment*

STONE RITUAL

Smooth, warmed sea stones are placed and guided through the body using a slow, deliberate technique. Heat works into the muscles to release tension and support circulation. The treatment concludes with a focused scalp ritual using aromatic oils.

Deep tissue techniques available upon request.

75 MINUTES | \$270 |
105 MINUTES | \$325 |

BODYWORK

A full-body massage using long, flowing strokes to ease muscular tension and support circulation. Rhythm and pressure are adjusted throughout, allowing the body to gradually settle. Finished with a scalp ritual using essential oils. Deep tissue techniques available upon request.

75 MINUTES | \$245 |
105 MINUTES | \$300 |

GROUNDED BODYWORK

A full-body massage combining sustained Swedish strokes with moments of firmer pressure. Dedicated hand and foot work, including exfoliation, hydration, and reflexology, supports grounding and release through the extremities.

Designed for guests seeking deeper work without full deep tissue.

105 MINUTES | \$320 |

PAIRED RITUAL

A shared restorative experience delivered side by side. Two practitioners work in measured flow, layering bodywork with focused hand, foot, scalp, and facial massage. Each guest may choose either Swedish or Deep Tissue work for the back body.

A quiet, intentional experience designed for shared ease.

60 MINUTES | \$525 |
90 MINUTES | \$635 |

*not available in all rooms

